



LETTER CIRCULAR

Date: 30th March 2022 **Ref:** DLAP 113/2022
To: All Heads of College Network and Heads of Primary Schools (State and Non-State)
From: Melanie Casha Sammut – Education Officer, Primary (Mathematics)
Isabel Zerafa – Education Officer, Primary (Science)
Subject: *X'hemM? Jgħaqadna* – Science and Mathematics for Physical Activity

The Sport Promotion Unit – Sportmalta MT in collaboration with the Science Centre (Pembroke) has recently launched the activity *Science and Mathematics for Physical Activity*. This STEM activity forms part of STEM initiative *X'hemM? Jgħaqadna* (Reference to Letter Circular DLAP 303/2021). The aim of the activity is to strengthen amongst primary students re their present state of health and fitness using standard tools of measurement, while highlighting opportunities for daily physical activities.

This STEM activity is targeted at students in Year 4, Year 5 and Year 6. The activity can be carried out by the class teacher and conducted in the classroom, as part of a Mathematics and/or Science lesson. Alternatively, the activity can be co-ordinated and carried out by personnel from the Sport Promotion Unit.

The activity comprises the following:

- A Power Point presentation containing information and simple tasks related to health and fitness, integrating Mathematics and Science concepts.
- Performing a standing long jump.
- Completing a brief survey re health and fitness.

Interested participants are invited to contact Mr Charles Gauci by e-mail on carmel.gauci@ilearn.edu.mt.

Thank you for your cooperation.

Sandra Ebejer
Director,
Directorate for Learning and Assessment Programmes